

Multiple Choice

1. What is one reason people eat out more often now?

- A) They dislike food
- B) They have busy schedules
- C) Restaurants are closing
- D) Cooking is cheaper

2. What is a potential health risk of eating too much fast food?

- A) Improved memory
- B) Obesity
- C) Better sleep
- D) Lower stress

3. How have food delivery apps changed eating habits?

- A) They make it harder to find food
- B) They encourage people to cook more
- C) They make ordering food easier
- D) They only deliver groceries

4. What is becoming less common, especially among younger people?

- A) Eating together at home
- B) Eating fast food
- C) Watching cooking shows
- D) Buying organic products

5. What are supermarkets offering more of now?

- A) Fast food
- B) Organic products
- C) Candy
- D) Frozen pizza

6. Why do some people enjoy cooking at home?

- A) It is always faster
- B) It is a way to relax and spend time with loved ones
- C) It is more expensive
- D) They dislike restaurants

7. What has inspired many people to try new dishes at home?

- A) Food delivery apps
- B) Cooking shows and online recipes
- C) Fast food advertisements
- D) Supermarket discounts



8. What is the main idea of the passage

- A) Fast food is the best choice
- B) Eating habits are changing a
- C) Only young people eat out
- D) Restaurants are closing

9. What is a growing trend in eating habits

- A) Ignoring nutrition
- B) Eating only at home
- C) Interest in healthy eating
- D) Avoiding vegetables

10. What is the most important thing about

- A) Eating only fast food
- B) Finding a balance that works
- C) Cooking every meal
- D) Eating alone

Fill in the Blank

11. Many people have **Busy** schedules and find it difficult to cook.
12. Nutritionists warn that eating too much **Fast** food can be unhealthy.
13. Food delivery **app** have made it easier for people to eat out.
14. Cooking can be a way to **relax** and spend time with loved ones.
15. Supermarkets offer a wide range of **organic** products.
16. Vegetarian and **vegan** options are becoming more popular.
17. Some families still try to eat **together** at home.
18. Cooking shows and **online** recipes have inspired people to cook more.
19. Eating habits are constantly **evolving**.
20. The passage suggests finding a **balance** between convenience and health.

Sentence Arrangement

Arrange the following sentences in the correct order according to the passage.

- (A) Food delivery apps have made ordering food easier than ever.
- (B) Many people now have busy schedules and eat out more often.
- (C) Eating habits have changed significantly over the past few years.
- (D) There is a growing interest in healthy eating and organic products.

Write the correct order (e.g., C, B, A, D):

25. (**C**, **B**, **A**, **D**)

Simple Present and Present Continuous

26. She _____ (eat) dinner at home every night.

- A) eat
- B) eats
- C) eating
- D) eaten

27. Right now, they _____ (cook) pasta in the kitchen.

- A) cooks
- B) cooking
- C) are cooking
- D) cooked

28. I _____ (not like) fast food.

- A) am not liking
- B) does not like
- C) do not like
- D) liking

29. We _____ (go) to the restaurant every Friday.

- A) goes
- B) going

30. She _____ (watch) a cooking show at the moment.

- A) watches
- B) is watching
- C) watch
- D) watched

Action and Nonaction Verbs

31. I _____ (know) the answer.

- A) am knowing
- B) know
- C) knowing
- D) knows

32. He _____ (think) about becoming a chef.

- A) thinks
- B) is thinking
- C) thinking
- D) thought

Future Forms

33. I _____ (visit) my grandparents next weekend.

- A) visit
- B) am going to visit
- C) visits
- D) visiting

34. She _____ (not eat) out tomorrow.

- A) will not eat
- B) is not eat
- C) does not eat
- D) eating

35. They _____ (be) late if they don't leave now.

- A) will be

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- B) are being
- C) was
- D) be

Present Perfect and Simple Past

36. I _____ (never/try) sushi before.

- A) never tried
- B) have never tried
- C) am never trying
- D) never try

37. She _____ (spend) a lot of money yesterday.

- A) has spent
- B) spends
- C) spent
- D) spending

38. They _____ (already/finish) their homework.

- A) already finished
- B) have already finished
- C) finish already
- D) finishing

Present Perfect + For/Since, Present Perfect Continuous

39. He _____ (live) in this city for five years.

- A) lived
- B) has lived
- C) is living
- D) lives

40. We _____ (study) English since last year.

- A) study
- B) are studying
- C) have been studying
- D) studies

Section 3: Vocabulary

Choose the correct word or fill in the blank.

41. Which word means "food you buy and eat quickly"?

- A) Organic food
- B) Fast food
- C) Home-cooked food
- D) Vegan food

42. What is a common adjective for someone who always tells the truth?

- A) Shy
- B) Honest
- C) Funny
- D) Lazy

43. Which word describes someone who is very tired?

- A) Excited
- B) Amazed
- C) Exhausted
- D) Bored

44. What is a word for "money you use to buy things"?

- A) Time
- B) Money
- C) Food
- D) Family

45. Which adjective describes someone who likes to meet new people?

- A) Outgoing
- B) Quiet
- C) Serious
- D) Nervous

46. The opposite of "cheap" is _expensive_____.

47. A person who never lies is _honest_____.

48. If you are _amazed_____ about something, you find it very surprising.
49. Vegetarians do not eat _meat_____.

50. The word "personality" refers to someone's _character_____.