Section I: Reading Comprehension

1. C) Stress is a serious and multifaceted problem that negatively impacts physical, emotional, and mental health.

2. C) The heart

3. C) overreact to small problems

4. A) An attempt to use substances to alleviate the pressure of stress

5. B) It is important to take breaks from stressful situations to relax and recover

Section II: Grammar and Vocabulary

6. B) was built

7. B) might have left

8. A) develops

9. D) realized

10. B) had listened

11. B) to take

12. C) if

13. A) little

14. C) selection

15. A) invention

16. D) flash drive

17. B) convenience

18. B) incredibly

19. A) expand

20. A) put off

Ala' Osama Yourself Jazar