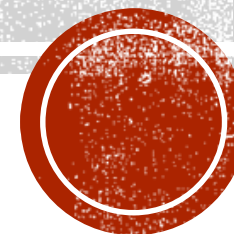


**GOOD EVENING
EVERYONE**



How well do you use your time?



Quiz Time!

1. How would you describe the pace of your life?
 - a) Easygoing. I just take life as it comes.
 - b) Pretty fast, but I leave enough time for relaxation
 - c) At times frantic, at times relaxed.
 - d) Nonstop the whole time, but I like it that way.

2. How do you tackle all things you have to do each day?
 - a) I do one the things I feel like doing, but there aren't many of those.
 - b) I prioritize. I do the Important things and put off all the other stuff.
 - c) There's either not enough time to do every little thing or too much time with nothing to do. I find this difficult.
 - d) I have a daily "to do" list that I check off after each item is completed.

3. How many things have you begun and not finished in the last few years?
 - a) Plenty of things, I begin with a great deal of enthusiasm but then get bored.
 - b) Hardly any, just one or two minor things.
 - c) Several things. Sometimes I get distracted and move from one thing to another
 - d) None. There are no uncompleted projects in my life. I see each of my projects through to end before I start the next.

4) When do you switch off your cell phone?

- a) Do most people have cell phones these days? I haven't gotten around to getting one.
- b) In some public places and when I need some peace and quiet.
- c) Not as often as I should.
- d) Only when I have to.

5) How punctual are you?

- a) I don't waste time worrying about it.
- b) Being late is impolite and inefficient, so I try to be punctual.
- c) I like to be on time in theory, but in practice, I'm often late.
- d) I'm always on time. I have no patience with people who are late.



6. How do you spend your leisure time?

- a) Doing a little of this and a little of that. I don't know where my time goes.
- b) I recharge my batteries with a few hobbies and by being with friends.
- c) I keep trying different things that people suggest, but nothing really grabs me.
- d) I have a few hobbies and little leisure time. I try to put all of my time to good use.

7. How do you keep in touch with friends?

- a) I wait for them to get in touch with me.
- b) In several ways – emails, text messages- but I also like to call them for a nice chat.
- c) In anyway I can – but it can be difficult. I think, “ I must contact X”, but time passes, and I realize I haven't.
- d) Most of the time by email. It's quick and efficient

8. Which of these is closest to your philosophy of life?

- a) Whatever will be will be.
- b) Life is not a dress rehearsal.
- c) There is a season for everything.
- d) Seize the day.



Do
you
agree?

Answers to quiz

Mostly **a** answers

You're a daydreamer. Did you actually manage to finish the quiz? You have little control over your life. Chaos surrounds you. Perhaps you tell yourself that you are being creative, but the truth is that you are frightened of failure, so you don't try. Your abilities remain untested and your dreams unfulfilled.

Mostly **b** answers

You represent balance and common sense. Your ability to manage your life is impressive, and you know when to relax. You understand that the best decisions are never made in an atmosphere of pressure. You are able to meet deadlines and look ahead to make sure crises don't happen.

Mostly **c** answers

You live in hope that something or somebody will make everything in life work out for you. "I'll get around to it," you tell yourself. What you don't tell yourself is that you alone can manage your life. You are expert at putting things off until later and finding excuses when you do so. Forget these excuses. The right time is now.

Mostly **d** answers

You are certainly an achiever. Superman or superwoman. You know how to get a job done, and you are proud of the way you manage your life. You are obsessive about putting every second of the day to the best use and get irritated by people who are not like you and prefer to take life at a slower pace. Learn to relax a little. Remember, stress kills.

USE YOUR SYNONYMS: (ENOUGH- THE WHOLE- ALL- EACH-
PLENTY- A GREAT DEAL- HARDLY ANY- SEVERAL- NONE- NO – (A)
FEW- (A) LITTLE- MOST- EVERY)

- I leave **sufficient** time for relaxation.
- Nonstop **all of the** time.
- **More than** enough things.
- **Lots of** enthusiasm.
- **Very few**, just a **couple** of minor things.
- There **aren't any** uncompleted projects.
- I see **every one** of my projects through to the end.
- I **don't have any** patience.
- I have **hardly any** hobbies or leisure time.
- In **quite a few** ways.
- In **all kinds of** ways.
- **Nearly all** of the time by email.

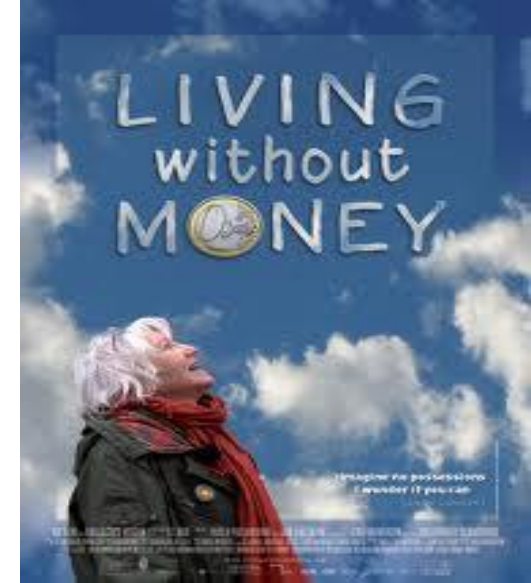


MY LIFE WITHOUT MONEY

Heidemarie Schwermer , a 63 –year –old German woman, has lived without money for the last ten years, and has written a book about her experiences called “My life without Money”.

*At the age of 54, Heidemarie **gave up** her job as a pyschotherapist, **gave away** all her money and her flat and **threw away** her credit cards. She did not have regular **salary** anymore. Today apart from a few clothes (three sweaters, two skirts, two pairs of shoes, and a coat) and a few personal belongings, she does not have anything. Before this experience of hers, she did not have any **savings** – a big or small amount of money that a person keeps for a while.*

*It all began as a one – year experiment. In her home city of Dortmund she set up a ‘swapping circle’ where people **swap** services without using money ,for example a haircut for a mathematic class. She decided to try this life style and give up using money for a year. When the year ended, she continued and has not used money since then. Before she started this life style, she was not **in debt**, that is, she did not owe anyone money She stayed in her friends’ house and she feed their animals and watered their plants **in return**.*



*At the moment she is staying in a student residence where she can sleep, have a shower, or use a computer in return for cooking for the young people who live there. Heidemarie says “When I need a bus ticket, for example, or a new tube of toothpaste, I think - Who can I ask? What can I give them in return? - If I want to go to cinema, I might suggest them to look after their children for the afternoon or night. It is one of the mistakes of our society that most people spend money on things they do not need. You should decrease your spendings on unnecessary things - it is better to spend on these things less. If you do, it **reduces** your costs. Many people judge you with your salary.*

*Your **budget** - how much you earn and spend - should be private for you. Today most people use credit cards and have problems with their **interest** rate. What is important is to earn and spend according to your standards. In my opinion, all jobs are equally important. You may not earn a lot of money but you may be worth a lot as a person. That's my message”.*



True or False

1. She lived her life spending plenty of money.
2. Her main challenge was finding leisure time for herself.
3. She cut money from life about ten years ago.
4. She doesn't regret the choice she made.
5. She survived by doing services for others and bringing trade back into the world.
6. She believes credit cards and money are unnecessary.
7. She is unsatisfied after throwing away all her credit cards and giving away her flat.



Let's create this story....

A	B	C
1. My grandfather used to be		Dinner with him.
2. He retired		Captain of the ship.
3. He decided to go on		Ocean cruise.
4. He enjoyed		Cruise very much.
5. He sailed all around		Year before last.
6. He met		Judge
7. He invited her to have		Love at my age
8. They got along really well with		another
9. My grandfather says you can find		world
10. They were married by		Attractive widow

a/an
One
The

No article



Answers

1. My grandfather used to be a judge.,
2. He retired the year before last.
3. He decided to go on an ocean cruise.
4. He enjoyed the cruise very much.
5. He sailed all around the world.
6. He met an attractive widow.
7. He invited her to have dinner with him.
8. They got along really well with one another.
9. My grandfather says you can find love at any age,
- 10.They were married by the captain of the ship.





Try this with a partner

1. Excuse me! Is there _____ bank near here?
2. A. I don't have any money.
B. I'm going to _____ bank.
I'll get you some.
3. Has _____ mail carrier already been here this morning?
4. My brother works as _____ mail carrier.
5. We've seen a house we want to move to. It has _____ views of fields, and there's _____ great yard in _____ back.
6. A. Where's Nick?
B. In _____ backyard.
7. I bought _____ cat to help get rid of _____ mice.
8. Jonathan gave to _____ Humane Society because he wants to help _____ cats.
9. We went out for _____ dinner last night. _____ food was excellent. I don't usually like _____ Italian food, but _____ pasta was superb.



Let's take a look at some pictures



Infancy
Childhood
Teenage years
Young adulthood
Middle age
Old age



LET'S DISCUSS..

- Which stage of life do you think is the best or worst? Why?
- What is the average life expectancy in your country?
- What is the typical behavior for each stage?
- What are the different advantages and disadvantages of each stage?



LISTEN TO CD (29) BERNIE, HAYLEY, TONY AND TOMMY TALKING ABOUT THEMSELVES...WHICH STAGE OF LIFE ARE THEY AT?

- 1. I want to see the world, meet lots of people, get a good career before I settle down.
- 2. This time though, after the operation I knew right away it would be OK.
- 3. We have buckets and shovels.
- 4. Lizzie and I are content just to putter in the vegetable garden, or cut the grass, or weed the flower beds.
- 5. Most of us just go for the dancing.
- 6. I think the world has gone to pot.
- 7. It's got big. Big wheels, hugest wheels ever.
- 8. These days the only thing that makes me unhappy is meeting people who don't realize what a gift life is?



ASSIGNMENT 😊

- How do you see yourself in ten years. Explain.
- Talk about goals you would love to reach.
- What you life would look like in ten years?

