

amideast  
أمديست

Hello

Session 9

- Write down 2 things you like doing in the weekend.
- Send it to me privately in the chat box.

• Read aloud the activities. Guess who is it?

1. I love fishing

2. I love raising pigeons

3. I like go to the club

4. I like read a book

5. Some relatives visited and learned geology programs

6. i have not weekend

7. but in my annual vacation i spent it with my

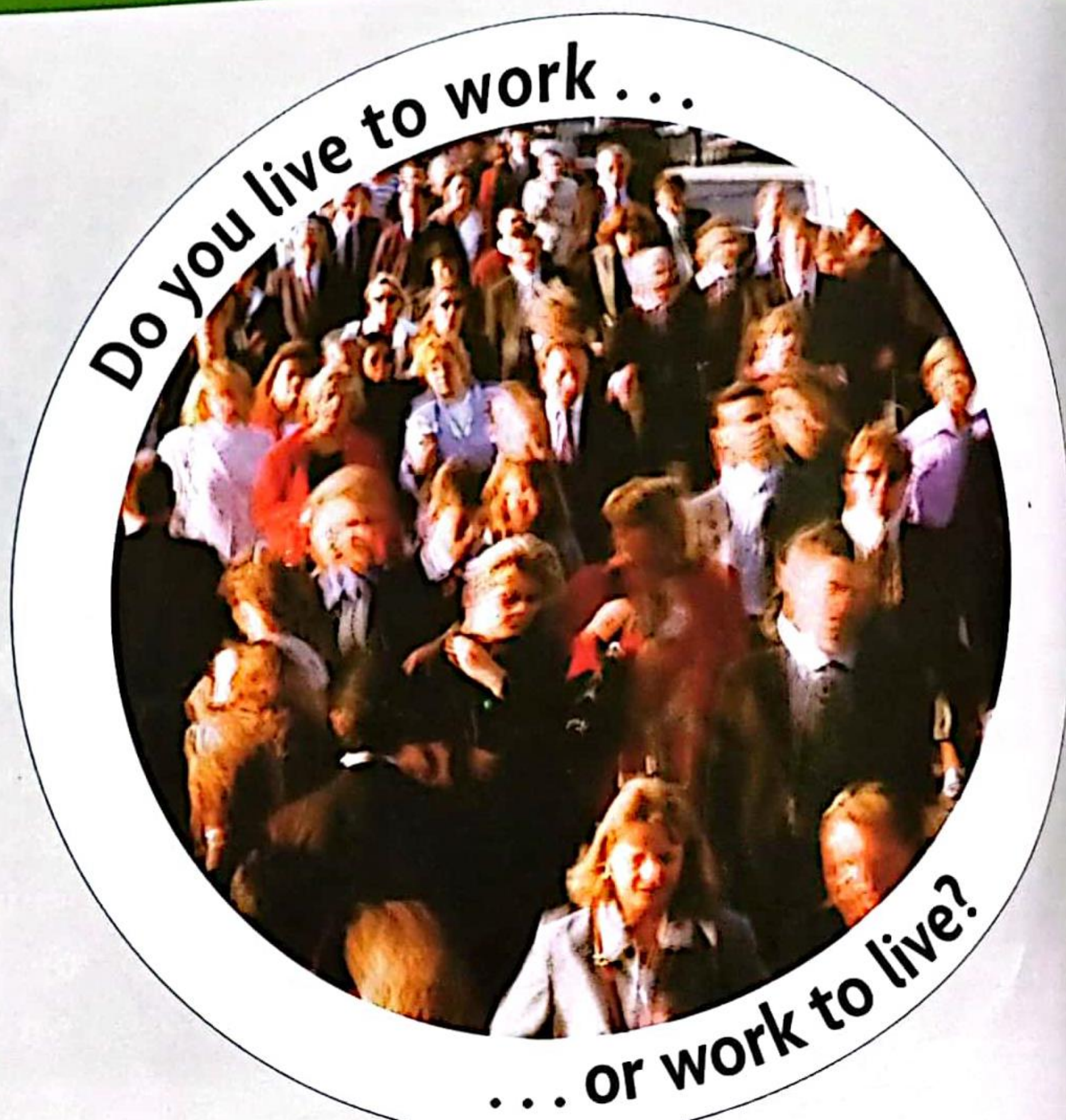




**1** Read and complete the questionnaire about you. Write Y (yes) or N (no). Then look at the answer key. Do you have a good work–life balance?

# Questionnaire

## Your work–life balance



DO YOU ...?	Me	T	S1	S2
1 like your work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 have many free-time activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 spend a lot of time with family and friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 relax on weekends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 have breakfast before you go to work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 travel far to work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 sometimes stay late at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 often bring work home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 have trouble sleeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 think about work when you are at home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### KEY:

#### Scoring points

Answers 1–3	2 points for YES
Answers 4–5	1 point for YES
Answers 6–10	0 points for YES

#### How do you score?

0–2 points	= You live to work.
3–5 points	= Your work–life balance is OK.
6–8 points	= Your work–life balance is excellent.



- 2** Ask your teacher the questions, then ask two students. Complete the questionnaire about them.

Do you like your work?

Yes, I do.


Yes, sometimes.

No, I don't.

- 3** Discuss in small groups. Who has a good work–life balance? Who lives to work?



**4** **CD1 44** Listen to Dr. Susan Hall, an expert on the work–life balance. Answer the questions.

1. Why does she say that work is important?
2. Why is “play” important?
3. What is the problem with taking work home?
4. What is her final advice? 





## **What do you think?**

- **How many people do you know who love their work?**
- **Do you know people who don't love their work?**
- **“If you like your job, you never have to work again.”  
Do you agree?**



# **5 Write about your partner. Use the information from the questionnaire.**

***Maria is a student. She likes her classes very much. She doesn't have many free-time activities. She ...***

- Hamed is a geologist. He likes his job. He doesn't have a lot of free time. He suffers from travelling to his work. He loves cooking. He wants to shift career his career and go to Evapharma.
- El-Amrawy is a warehouse keeper. He graduated from the faculty of Commerce. He has free time for activities. He is organized and he loves putting things in order. He is skillful in computer.
- Tantawy lives in Cairo. He is 39 years. He loves his job. He is chemist. He works in Emra corporation, and he wants to work in Evapharma. He loves Egypt.
- Dalia is a secretary in Evapharma. She goes to work 3 days a week, and she works 2 days from home. She does not like cooking, but she is a great cook. She cooks delicious food. We need to taste her food.
- Ahmed is an English instructor. He loves painting. He is thirty. He works from home. He is from Alex, but he lives in Cairo. He isn't married , he is single. He hates his car. He wants to sell it.



# EVERYDAY ENGLISH

## Social expressions (1)

1 Look at the pictures of Hakan, a student of English in New York. Where is he? Who are the other people?





**2** Look at the first sentences of conversations in A. They are all conversations in Hakan's day. Who says the sentences? Is it ...?



- Hakan
- his host family
- his teacher
- another student
- the woman who works in the coffee shop

A

1. Bye! Have a nice day!
2. I'm sorry I'm late. The traffic's very bad this morning.
3. What's the matter, Hakan? Do you have a problem?
4. Can I open the window? It's really warm in here.
5. Can you help me? What does *bilingual* mean?
6. Do you want a macchiato?
7. Excuse me! Is this seat free?



### 3 Match a sentence in A with a response in B.

**CD1 45** Listen and check.



#### A

1. Bye! Have a nice day!
2. I'm sorry I'm late. The traffic's very bad this morning.
3. What's the matter, Hakan? Do you have a problem?
4. Can I open the window? It's really warm in here.
5. Can you help me? What does bilingual mean?
6. Do you want a macchiato?
7. Excuse me! Is this seat free?
8. Fala Portugues?
9. Hi! Hakan! How was your day?

#### B

- That's OK. Come and sit down.  
Thanks. You too. See you later.  
Good, thanks. Really interesting.  
How about yours?  
Yes, it is. Please sit down if you want.  
Yes. I don't understand this exercise.  
It means *in two languages*.  
I'm sorry. I don't speak Portuguese.  
Sure. Good idea. It is hot in here, isn't it?  
Excuse me? Can you say that again?



**4** Work with a partner. Practice some of the conversations.  
Try to continue them.

**A** Bye! Have a nice day!

**B** Thanks. You too. See you later.

**A** OK! At about four o'clock?

**B** Well, uh ... school doesn't finish  
until four.

**A** Oh, OK! See you about 4:30, then!

**CD1 46** Listen and compare your conversations.





# Reading text

- [https://docs.google.com/document/d/1MXWZuaMNJI9C\\_uQ9zypZuIYkM0EDHskT/edit?usp=sharing&oid=103133744656852069271&rtpof=true&sd=true](https://docs.google.com/document/d/1MXWZuaMNJI9C_uQ9zypZuIYkM0EDHskT/edit?usp=sharing&oid=103133744656852069271&rtpof=true&sd=true)

# Free time activities

- <https://en.islcollective.com/video-lessons/free-time-activities-2>
- <https://en.islcollective.com/video-lessons/what-do-you-like-doing>
- <https://en.islcollective.com/video-lessons/free-time-activities>



# Reading text

THANK YOU  
SEE YOU NEXT TIME